

Allergen Data Chart 2008		Heinz Infant Foods (Cans & Jars)											✓ A Tick Symbol Denotes Free From			
PRODUCT	INGREDIENTS	Gluten Free	Wheat Free	Milk Free	Egg Free	Soy Free	Sesame Free	Nut Free (includes peanuts)	Crustacea & Fish Free	No Added Salt	No Added Sugar	No Added Colours	No Added Flavours	No Added Preservatives	Free from added sulphites (or less than 10 ppm)	
HEINZ 4 - 6 MONTHS																
120g Fruits - cans																
Apples	Apples (100%), Vitamin C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Pears	Pears (100%), Vitamin C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
120g Vegetables - cans																
Pumpkin & Sweetcorn	Pumpkin (63%), Sweetcorn (24%), Water	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
120g Meals - cans																
Lamb & Vegetables	Water, Vegetables (24%) (Carrots, Potatoes, Yellow Split Peas), Lamb (10%), Maize Thickener (1422), Maize Polenta, Ground Rice, Herb	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Pumpkin, Potato & Beef	Vegetables (52%) (Pumpkin (46%), Potatoes (6%)), Water, Beef (10%), Beef Stock, Maize Thickener (1422), Maize Polenta, Ground Rice, Parsley, Herb Extract.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Chicken, Noodles and Vegetables	Water, Vegetables (21%) (Yellow Split Peas, Carrots (7%), Onion, Potatoes (2.5%)), Chicken (12%), Rice Noodles (7%), Maize Thickener (1422), Herb Extract, Pepper.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
4 x120g Multipacks - cans																
Apples	Apples (100%), Vitamin C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Pears	Pears (100%), Vitamin C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
110g Fruits - jars																
Pear & Banana	Pears (88%), Banana (12%), Vitamin C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Fruity Apple	Apples (100%), Vitamin C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Fruity Pear	Pears (100%), Vitamin C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Apple & Mango	Apples (90%), Mango (10%), Vitamin C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
110g Vegetables - jars																
Pumpkin & Sweetcorn	Pumpkin (63%), Sweet Corn (24%), Water	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Parsnip, Carrot & Sweet Potato	Vegetables (65%) (Parsnip (22%), Carrots (18%), Sweet Potato (15%), Potatoes), Water	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
110g Meals - jars																
Pumpkin, Potato & Beef	Vegetables (52%) (Pumpkin (46%), Potato (6%)), Water, Beef (10%), Beef Stock, Maize Thickener (1422), Maize Polenta, Ground Rice, Parsley, Herb Extract.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Sweetcorn & Chicken	Water, Vegetables (25%) (Sweetcorn (17%), Yellow Split Peas, Carrots, Spinach), Brown Rice, Chicken (5%), Maize Thickener (1422), Maize Polenta, Ground Rice, Herb Extracts.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	

Key:-
 N/A = Not Available
 (min) = Minimum

Note:- All values are averages

Allergen Data Chart 2008																	Heinz Infant Foods (Cans & Jars)							✓ A Tick Symbol Denotes Free From		
PRODUCT	INGREDIENTS	Gluten Free	Wheat Free	Milk Free	Egg Free	Soy Free	Sesame Free	Nut Free (includes peanuts)	Crustacea & Fish Free	No Added Salt	No Added Sugar	No Added Colours	No Added Flavours	No Added Preservatives	Free from added sulphites (or less than 10 ppm)											
HEINZ 7 - 9 MONTHS																										
120g Meals - cans																										
Creamy Pasta & Tuna	Water, Full Cream Milk (22%), Wheat Pasta (Contains Traces of Egg) (9%), Carrots, Ground Rice, Maize Thickener (1422), Tuna (2.5%), Romano Cheese, Onion Flavour, Spice	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
170g Fruits - jars																										
Apple & Orange	Apple (97%), Orange (3.0%), Vitamin C, Natural Flavour	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
Pear & Banana	Pears (88%), Banana (12%), Vitamin C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
170g Meals - jars																										
Mum's Recipe - Ellen's Lentils & Vegetables	Vegetables (63%) (Pumpkin (36%), Sweet Potato (9%), Green Beans (5%), Carrots, Potatoes, Sweetcorn, Spinach), Water, Lentil Flour (4.5%), Ground Rice, Unsalted Butter, Natural Onion Flavour, Herb & Spice Extracts.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
Mum's Recipe - Natalie's Pumpkin & Couscous	Vegetables (69%) (Pumpkin (48%), Potatoes, Green Peas, Carrots, Zucchini, Spinach), Wheat Couscous (21%), Water, Unsalted Butter, Tapioca Flour, Natural Onion Flavour, Spice Extract.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
Mum's Recipe - Erica's Chicken, Corn & Sweet Potato	Vegetables (52%) (Pumpkin, Sweet Potato (10%), Potato, Sweetcorn (8%), Parsnips, Onions, Red Capsicum, Spinach), Water, Chicken (10%), Cornflour, Spice, Spice Extract.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
Mum's Recipe - Vivian's Cheesy Pasta Bolognese	Vegetables (48%) (Tomatoes (21%), Carrots (8%), Onion, Sweet Potato, Zucchini (3.5%), Sweetcorn, Celery, Spinach), Water, Beef (10%), Wheat Pasta (Contains Traces of Egg) (6%), Beef Stock, Maize Starch, Parmesan Cheese (0.5%), Spice Extract.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
Mum's Recipe - Georgina's Chicken & Vegetable Risotto	Vegetables (49%) (Tomatoes, Carrots (5%), Sweet Potato (5%), Onion, Potatoes, Zucchini (4.0%), Celery, Sweetcorn, Mushrooms), Water, Chicken (10%), Brown Rice (8%), Cornflour, Parmesan Cheese, Herbs & Herb Extract, Spice Extract.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
Mum's Recipe - Kate's Tuna Ratatouille	Vegetables (52%) (Tomatoes (28%), Zucchini (8%), Carrots, Sweetcorn, Red Capsicum, Onion), Water, Risoni Wheat Pasta (Contains Traces of Egg and Milk), Tuna (7%), Cornflour, Herb, Spice Extract, Spice.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
Globetotters Vegetable Napolitana	Vegetables (86%) (Tomatoes (57%), Carrots, Onion, Sweetcorn (5%), Zucchini (5%), Red Capsicum, Mushrooms, Celery), Wheat Pasta (Contains Traces of Egg), Cornflour, Parmesan Cheese, Herbs (Parsley, Basil, Oregano), Spice Extract, Spice.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
Globetotters Mango Chicken	Vegetables (24%) (Carrots, Onion, Pumpkin, Zucchini), Water, Rice (20%), Chicken (10%), Mango (10%), Apricot, Cornflour, Coconut, Unsalted Butter, Basil, Spices, Natural Flavour.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
Globetotters Butter Chicken	Vegetables (38%) (Tomatoes (18%), Onion, Sweet Potato, Carrots (4.0%), Zucchini (4.0%), Potatoes (4.0%), Water, Chicken (10%), Full Cream Milk, Brown Rice, Maize Starch, Unsalted Butter (2.0%), Sultanas, Spices, Sugar, Coriander, Food Acid (Citric Acid), Spice Extract	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											

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Prepared by H. J. Heinz Company Australia Limited

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HEINZ 7 - 9 MONTHS - Cook At Home																
80g Sauces																
White Sauce	Full Cream Milk (48%), Water, Vegetables (10%) (Carrot (4.0%), Zucchini (4.0%), Onion (2.0%)), Ground Rice, Unsalted Butter, Cornflour, Garlic, Basil, Spices, Spice Extract.	✓	✓	Milk Butter	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Creamy Pumpkin & Basil Sauce	Vegetables (70%) (Pumpkin (60%), Sweet Potato, Carrot), Water, Cornflour, Cream (1.5%), Unsalted Butter, Basil, Garlic, Spice Extract.	✓	✓	Cream Butter	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Primavera Sauce	Vegetables (85%) (Tomatoes (65%), Onion (6%), Pumpkin, Sweet Potato, Sweetcorn (4.0%), Zucchini (2.0%)), Apple Juice, Ground Rice, Cornflour, Parmesan Cheese (1.5%), Parsley, Basil, Garlic.	✓	✓	Cheese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
250g Pasta																
ABC Pasta Shapes	Durum Wheat Semolina, Tomato, Spinach, Mineral (Iron), Contains Traces of Egg And Milk.	Wheat	Wheat	Milk (Trace)	Egg (Trace)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
170g Yoghurts Desserts - jars																
Strawberry & Rice Yoghurt Dessert	Fruit and Fruit Juice (72%) (Apple Juice, Apples (21%), Strawberry Juice (4.0%), Cherry Juice), Yoghurt (Cultured Milk) (14%), Rice (10%), Maize Thickener (1422), Ground Rice, Natural Flavour	✓	✓	Yoghurt	✓	✓	✓	✓	✓	✓	✓	✓	Natural Flavour	✓	✓	
170g Puddings - jars																
Chocolate Mousse	Full Cream Milk (82%), Sugar, Maize Starch, Cocoa Powder (1.5%), Vanilla Flavour	✓	✓	Milk	✓	✓	✓	✓	✓	✓	Sugar	✓	Natural Flavour	✓	✓	
HEINZ 10 - 15 MONTHS																
170g Fruits - jars																
Pear, Pineapple & Mango	Pears (90%), Mango (7%), Pineapple Juice (3.0%), Vitamin C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
170g Meals - jars																
Mum's Recipe - Rochelle's Alphabet Pasta, Tomato & Beef	Vegetables (63%) (Tomatoes (39%), Onion, Carrots (7%), Zucchini, Mushrooms (1.5%)), Wheat Pasta (Contains Traces of Egg) (11%), Beef (10%), Beef Stock, Water, Cornflour, Herbs & Spices, Romano Cheese, Herb & Spice Extracts.	Wheat	Wheat	Cheese	Egg (Trace)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Mum's Recipe - Kerry's Creamy Pasta & Tuna Mornay	Water, Vegetables (27%) (Carrots, Sweetcorn (5%), Onion, Pumpkin (4.0%), Celery, Red Capsicum (2.0%), Spinach), Full Cream Milk, Tuna (8%), Wheat Pasta (Contains Traces of Egg) (7%), Cornflour, Romano Cheese, Onion Flavour, Spice.	Wheat	Wheat	Milk Cheese	Egg (Trace)	✓	✓	✓	Tuna	✓	✓	✓	Natural Flavour	✓	✓	

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Mum's Recipe - Jennifer's Beef & Vegetable Casserole	Vegetables (47%) (Tomatoes (24%), Carrots, Sweet Potato, Sweetcorn, Onion (4.0%), Peas (2.5%), Mushrooms (1.5%), Water, Beef Stock, Beef (10%), Brown Rice, Cornflour, Parsley, Onion Flavour, Spice.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Natural Flavour	✓	✓	
Mum's Recipe - Danielle's Chicken, Pasta & Vegetable Medley	Vegetables (53%) (Tomatoes (23%), Carrots, Pumpkin (5%), Potatoes (5%), Sweetcorn, Zucchini, Red Capsicum, Spinach), Water, Chicken (11%), Brown Rice, Wheat Pasta (Contains Traces of Egg & Milk) (6%), Cornflour, Basil, Onion Flavour, Spice Extract, Spice.	Wheat	Wheat	Milk (Trace)	Egg (Trace)	✓	✓	✓	✓	✓	✓	✓	Natural Flavour	✓	✓	
Mum's Recipe - Sara's Golden Vegetable Couscous	Golden Vegetables (53%) (Pumpkin, Sweetcorn, Sweet Potato, Carrots), Tomatoes, Water, Wheat Couscous (9%), Chickpea Flour, Cornflour, Herbs & Spice, Spice Extract.	Wheat	Wheat	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Mum's Recipe - Melanie's Vegetable & Beef Risotto	Vegetables (51%) (Tomatoes (22%), Sweetcorn (15%), Zucchini (6%), Onions, Red Capsicum, Broccoli, Spinach) Water, Rice (11%), Beef (10%), Cornflour, Herbs & Spice, Spice Extract.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Mum's Recipe - Elizabeth's Salmon & Dill Pasta	Wheat Pasta (Contains Traces of Egg) (28%), Water, Full Cream Milk, Vegetables (14%) (Carrots (6%), Onion, Red Capsicum (3.0%)), Pink Salmon (8%), Lemon Juice (3.0%), Cornflour, Cheese, Dill, Onion Extract, Spice.	Wheat	Wheat	Milk Cheese	Egg (Trace)	✓	✓	✓	Salmon	✓	✓	✓	✓	✓	✓	
Globetotters Chicken Chasseur	Vegetables (55%) (Tomatoes (33%), Carrots (8%), Potatoes, Onion, Mushrooms (2.0%)), Water, Chicken (10%), Rice, Cornflour, Parsley, Tarragon.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Globetotters Lamb Rogan Josh	Vegetables (57%) (Tomatoes (32%), Carrots (11%), Onion, Zucchini (4.0%), Pumpkin), Rice (17%), Lamb (10%), Water, Cornflour, Cheese, Beef Stock, Herbs and Spices (Traces of Soy and Wheat).	Wheat (Trace)	Wheat (Trace)	Cheese	✓	Soy (Trace)	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Globetotters Sweet & Sour Pork	Vegetables (37%) (Tomatoes (19%), Carrots, Red Capsicum (5%), Zucchini (4.0%), Onion), Pineapple Juice (17%), Water, Pork (10%), Wheat Noodles (Contain Traces of Egg & Milk), Apple Juice Concentrate, Cornflour, Spices, Natural Flavour, Spice Extract.	Wheat	Wheat	Milk (Trace)	Egg (Trace)	✓	✓	✓	✓	✓	✓	✓	Natural Flavour	✓	✓	
170g Desserts - jars																
Banana & Peach Yoghurt Dessert	Fruit & Fruit Juice (50%) (Banana (23%), Peach (14%), Pear Juice), Water, Yoghurt, (Cultured Milk) (12%), Ground Rice, Maize Thickener (1422), Pearl Barley, Rice, Rolled Oats, Vanilla Flavour.	Oats Barley	✓	Yoghurt	✓	✓	✓	✓	✓	✓	✓	✓	Flavour	✓	✓	
220g Fruits - cans																
Apples	Apples (100%), Vitamin C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
220g Meals - cans																
Beef Risotto	Vegetables (68%) (Tomatoes (31%), Green Split Peas, Carrots (10%), Potatoes, Onion), Beef (10%), Rice (9%), Water, Beef Stock, Maize Thickener (1422), Herb Extract	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Country Chicken & Vegetables	Vegetables (29%) (Green Split Peas, Carrots (9%), Potatoes (7%), Spinach), Water, Full Cream Milk (23%), Chicken (10%), Rice, Maize Thickener (1422), Ground Rice, Flavour, Herb Extract	✓	✓	Milk	✓	✓	✓	✓	✓	✓	✓	✓	Flavour	✓	✓	

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Alphagetti Bolognese	Vegetables (51%) (Tomatoes (33%), Onion, Carrots), Wheat Pasta (Contains Milk & Traces of Egg) (29%), Beef (10%), Beef Stock, Maize Thickener (1422), Romano Cheese, Herb Extract	Wheat	Wheat	Milk, Cheese	Egg (Trace)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	

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Steak & Vegetables	Vegetables (46%) (Carrots (13%), Green Split Peas, Tomatoes, Potatoes (5%), Swede), Water, Beef Stock, Beef (10%), Rice, Maize Thickener (1422), Ground Rice, Herb Extract	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
HEINZ 10 - 15 MONTHS - Cook At Home																										
80g Sauces																										
Cacciatore Sauce	Vegetables (72%) (Tomatoes (54%), Mushrooms (7%), Onion (6%), Red Capsicum, Olives (1.0%)), Apples, Cornflour, Parmesan Cheese (2.0%), Garlic (1.5%), Basil, Oregano.	✓	✓	Cheese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
Stroganoff Sauce	Vegetables (30%) (Tomatoes, Mushrooms (10%), Onion (6%), Red Capsicum, Zucchini), Beef Stock, Full Cream Milk, Sour Cream (6%), Apples, Cornflour, Garlic, Parsley, Spices.	✓	✓	Milk Sour Cream	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
Traditional Gravy	Beef Stock (50%), Vegetables (32%) (Onion (12%), Tomatoes (12%), Carrots, Zucchini (3.0%), Red Capsicum (1.5%)), Apples, Cornflour, Unsalted Butter, Garlic.	✓	✓	Butter	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
200g Pasta																										
Pasta Shapes (Dinosaurs)	Durum Wheat Semolina, Tomato, Spinach, Mineral (Iron), Contains Traces of Egg And Milk.	Wheat	Wheat	Milk (Trace)	Egg (Trace)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
HEINZ ALL AGES FROM 6 MONTHS																										
120g Custards - cans																										
Custard with Banana	Water, Full Cream Milk, Sugar, Ground Rice, Maize Thickener (1422), Banana (1.5%), Natural Banana Flavour, Vanilla Flavour.	✓	✓	Milk	✓	✓	✓	✓	✓	✓	Sugar	✓	Flavour	✓	✓											
Chocolate Custard	Water, Full Cream Milk, Sugar, Ground Rice, Maize Thickener (1422), Cocoa Powder (0.5%), Vanilla Flavour	✓	✓	Milk	✓	✓	✓	✓	✓	✓	Sugar	✓	Flavour	✓	✓											
Egg Custard	Water, Full Cream Milk, Sugar, Ground Rice, Maize Thickener (1422), Egg Yolk (2.0%), Vanilla Flavour	✓	✓	Milk	Egg	✓	✓	✓	✓	✓	Sugar	✓	Flavour	✓	✓											
Fruit Custard	Fruit & Fruit Juice (60%) (Pear Juice (36%), Peach (12%), Apricot, Pineapple Juice (4.0%)), Full Cream Milk, Water, Sugar, Ground Rice, Maize Thickener (1422), Vitamin C	✓	✓	Milk	✓	✓	✓	✓	✓	✓	Sugar	✓	✓	✓	✓											
Caramel Custard	Water, Full Cream Milk, Brown Sugar, Ground Rice, Maize Thickener (1422), Natural Caramel Flavour, Vanilla Flavour.	✓	✓	Milk	✓	✓	✓	✓	✓	✓	Sugar	✓	Flavour	✓	✓											
Vanilla Custard	Water, Full Cream Milk, Sugar, Ground Rice, Maize Thickener (1422), Vanilla Flavours.	✓	✓	Milk	✓	✓	✓	✓	✓	✓	Sugar	✓	Flavour	✓	✓											
Apple Custard	Water, Full Cream Milk, Apples (21%), Sugar, Ground Rice, Maize Thickener (1422), Food Acid (Citric Acid), Vanilla Flavour.	✓	✓	Milk	✓	✓	✓	✓	✓	✓	Sugar	✓	Flavour	✓	✓											

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120g Puddings - cans																
Peach, Apricot & Semolina	Fruit & Fruit Juice (93%) (Apple Juice, Peaches (29%), Apples, Apricots (13%)), Wheat Semolina (Contains Traces of Soy & Milk) (7%)	Wheat	Wheat	Milk (Trace)	✓	Soy (Trace)	✓	✓	✓	✓	✓	✓	✓	✓	✓	
120g Baby Breakfast - cans																
Apple and Oatmeal	Fruit & Fruit Juice (82%) (Apples (52%), Apple Juice), Oatmeal (18%), Cinnamon Extract, Vanilla Flavour	Oats	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Flavour	✓	✓	
110g Custards - jars																
Egg Custard	Water, Full Cream Milk, Sugar, Ground Rice, Maize Thickener (1422), Egg Yolk (2.0%), Vanilla Flavour	✓	✓	Milk	Egg	✓	✓	✓	✓	✓	Sugar	✓	Flavour	✓	✓	
Custard with Banana	Water, Full Cream Milk, Sugar, Ground Rice, Maize Thickener (1422), Banana (1.5%), Natural Banana Flavour, Vanilla Flavour.	✓	✓	Milk	✓	✓	✓	✓	✓	✓	Sugar	✓	Flavour	✓	✓	
Vanilla Custard	Water, Full Cream Milk, Sugar, Ground Rice, Maize Thickener (1422), Vanilla Flavours.	✓	✓	Milk	✓	✓	✓	✓	✓	✓	Sugar	✓	Flavour	✓	✓	
Strawberry & Banana Custard	Water, Full Cream Milk, Sugar, Ground Rice, Strawberry Juice (3.0%), Maize Thickener (1422), Banana (1.0%), Flavours.	✓	✓	Milk	✓	✓	✓	✓	✓	✓	Sugar	✓	Flavour	✓	✓	
HEINZ ALL AGES FROM 6 MONTHS																
110g Gels - jars																
Fruits of the Forest Gel	Fruit Juice (99%) (Apple, Pear, Strawberry, Blackcurrant, Cherry), Vegetable Gums (Carrageenan, Carob Bean), Food Acid (Potassium Citrate), Vitamin C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Apple & Blackcurrant Gel	Fruit Juice (99%) (Apple (48%), Pear, Blackcurrant (7%)), Vegetable Gums (Carrageenan, Carob Bean), Food Acid (Potassium Citrate), Vitamin C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Summer Fruits Gel	Fruit Juice (99%) (Apple, Orange, Passionfruit, Pineapple), Vegetable Gums (Carrageenan, Carob Bean), Vitamin C, Food Acid (Potassium Citrate).	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Apple, Mango & Kiwifruit Gel	Fruit & Fruit Juice (99%) (Apple Juice (82%), Kiwifruit (10%), Mango (7%)), Vegetable Gums (Carrageenan, Carob Bean), Food Acid (Potassium Citrate), Vitamin C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	

Key:-
 N/A = Not Available
 (min) = Minimum

Note:- All values are averages

Allergen Data Chart 2008		Heinz Infant Foods (Cans & Jars)											✓ A Tick Symbol Denotes Free From			
PRODUCT	INGREDIENTS	Gluten Free	Wheat Free	Milk Free	Egg Free	Soy Free	Sesame Free	Nut Free (includes peanuts)	Crustacea & Fish Free	No Added Salt	No Added Sugar	No Added Colours	No Added Flavours	No Added Preservatives	Free from added sulphites (or less than 10 ppm)	
110g Baby Breakfast - jars																
Creamy Banana Porridge	Fruit (39%) (Banana (22%), Apples), Apple Juice, Oatmeal (19%), Full Cream Milk, Cream (1.0%), Vitamin C, Vanilla Flavour	Oats	✓	Milk Cream	✓	✓	✓	✓	✓	✓	✓	✓	Flavour	✓	✓	
Apple & Oatmeal	Fruit & Fruit Juice (82%) (Apples (52%), Apple Juice), Oatmeal (18%), Cinnamon Extract, Vanilla Flavour	Oats	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Flavour	✓	✓	
Apple & Banana Cereal	Fruit & Fruit Juice (74%) (Apple Juice (57%), Banana (17%)), Water, Cereal (Ground Rice, Maize Polenta) (8%), Maize Thickener (1422), Natural Flavour	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Natural Flavour	✓	✓	
Apple & Blueberry Muesli	Apples (50%), Apple Juice, Oatmeal (15%), Blueberries (5%)	Oats	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
110g Yoghurt Desserts - jars																
Banana Yoghurt Dessert	Fruit & Fruit Juice (69%) (Pear Juice, Bananas (13%)) Yoghurt (Cultured Milk) (25%), Ground Rice, Maize Thickener (1422), Food Acid (Citric Acid)	✓	✓	Yoghurt	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Strawberry Yoghurt Dessert	Fruit Juice (69%) (Apple, Strawberry (5%), Cherry), Yoghurt (Cultured Milk) (25%), Ground Rice, Maize Thickener (1422), Natural Flavour	✓	✓	Yoghurt	✓	✓	✓	✓	✓	✓	✓	✓	Natural Flavour	✓	✓	
Fruit Salad Yoghurt Dessert	Fruit & Fruit Juice (69%) (Pear Juice (55%), Apricot (11%), Banana (3.0%), Orange Juice), Yoghurt (Cultured Milk) (25%), Ground Rice, Maize Thickener (1422)	✓	✓	Yoghurt	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
110g Delights - jars																
Apricot Rice Pudding	Pear Juice, Apricot (23%), Rice (7%), Maize Polenta, Cornflour, Cream, Unsalted Butter, Vanilla Flavour	✓	✓	Cream Butter	✓	✓	✓	✓	✓	✓	✓	✓	Flavour	✓	✓	
Rhubarb Rice Pudding	Apple Juice, Rhubarb (17%), Banana, Maize Polenta (3.5%), Ground Rice, Cornflour, Natural Banana Flavour.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Natural Flavour	✓	✓	
Apple & Raspberry Pudding	Fruit & Fruit Juice (79%) (Apples (23%), Grape Juice, Apple Juice (16%), Raspberries (12%), Blueberries, Cranberry Juice, Cherry Juice), Rolled Oats, Ground Rice, Vitamin C, Natural Vanilla Flavour	Oats	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Natural Flavour	✓	✓	
170g Custards - jars																
Egg Custard	Water, Full Cream Milk, Sugar, Ground Rice, Maize Thickener (1422), Egg Yolk (2.0%), Vanilla Flavour.	✓	✓	Milk	Egg	✓	✓	✓	✓	✓	Sugar	✓	Flavour	✓	✓	

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(min) = Minimum

Note:- All values are averages

Allergen Data Chart 2008		Heinz Infant Foods (Cans & Jars)											✓ A Tick Symbol Denotes Free From			
PRODUCT	INGREDIENTS	Gluten Free	Wheat Free	Milk Free	Egg Free	Soy Free	Sesame Free	Nut Free (includes peanuts)	Crustacea & Fish Free	No Added Salt	No Added Sugar	No Added Colours	No Added Flavours	No Added Preservatives	Free from added sulphites (or less than 10 ppm)	
HEINZ ALL AGES FROM 6 MONTHS																
4 x 120g Custard Multipacks - cans																
Custard with Banana	Water, Full Cream Milk, Sugar, Ground Rice, Maize Thickener (1422), Banana (1.5%), Natural Banana Flavour, Vanilla Flavour.	✓	✓	Milk	✓	✓	✓	✓	✓	✓	Sugar	✓	Flavour	✓	✓	
Egg Custard	Water, Full Cream Milk, Sugar, Ground Rice, Maize Thickener (1422), Egg Yolk (2.0%), Vanilla Flavour	✓	✓	Milk	Egg	✓	✓	✓	✓	✓	Sugar	✓	Flavour	✓	✓	
Apple Custard	Water, Full Cream Milk, Apples (21%), Sugar, Ground Rice, Maize Thickener (1422), Food Acid (Citric Acid), Vanilla Flavour.	✓	✓	Milk	✓	✓	✓	✓	✓	✓	Sugar	✓	Flavour	✓	✓	
4 x 100g Custard Multipacks - cans																
Fruit Medley	Apple (49%), Banana (25%), Peach (20%), Full Cream Milk Powder (3.0%), Concentrated Orange Juice, Cornflour, Concentrated Lemon Juice, Vitamin C.	✓	✓	Milk	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Apple & Mango	Apple (54%), Banana (30%), Mango (11%), Full Cream Milk Powder (3.0%), Cornflour, Concentrated Lemon Juice, Vitamin C.	✓	✓	Milk	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
220g ALL Natural Soups																
Pumpkin & Leek	Vegetables (66%) (Pumpkin (50%), Onion, Leek (6%)), Water, Cream, Cornflour, Spices.	✓	✓	Cream	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Garden Vegetable	Vegetables (61%) (Tomatoes (16%), Sweetcorn (8%), Potatoes, Pumpkin, Onion, Zucchini (5%), Sweet Potato (5%), Celery, Red Capsicum), Water, Cornflour, Spice.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Chicken & Vegetable	Vegetables (50%) (Pumpkin, Sweet Potato (8%), Potatoes, Yellow Split Peas, Tomatoes, Sweetcorn (2.5%), Onion)), Water, Chicken (10%), Cornflour, Herb, Spice.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
BABY'S OWN - All Ages from 6 Months																
110g Baby's Own - jars																
Apple & Oatmeal	Fruit & Fruit Juice (82%) (Apples (52%), Apple Juice), Oatmeal (18%), Cinnamon Extract, Vanilla Flavour.		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Flavour	✓	✓	
Apple & Blueberry Muesli	Apples (50%), Apple Juice, Oatmeal (15%), Blueberries (5%).		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Fruits of the Forest Gel	Fruit Juice (99%) (Apple, Pear, Strawberry, Blackcurrant, Cherry), Vegetable Gums (Carrageenan, Carob Bean), Food Acid (Potassium Citrate), Vitamin C.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Vanilla Custard	Water, Full Cream Milk, Sugar, Ground Rice, Maize Thickener (1422), Vanilla Flavours.	✓	✓	Milk	✓	✓	✓	✓	✓	✓	Sugar	✓	Flavour	✓	✓	

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 (min) = Minimum

Note:- All values are averages

Allergen Data Chart 2008		Heinz Infant Foods (Cans & Jars)											✓ A Tick Symbol Denotes Free From			
PRODUCT	INGREDIENTS	Gluten Free	Wheat Free	Milk Free	Egg Free	Soy Free	Sesame Free	Nut Free (includes peanuts)	Crustacea & Fish Free	No Added Salt	No Added Sugar	No Added Colours	No Added Flavours	No Added Preservatives	Free from added sulphites (or less than 10 ppm)	
120g Baby's Own - jars																
Custard with Egg	Water, Full Cream Milk, Sugar, Ground Rice, Maize Thickener (1422), Egg Yolk (2.0%), Vanilla Flavour.	✓	✓	Milk	Egg	✓	✓	✓	✓	✓	Sugar	✓	Flavour	✓	✓	
Custard with Banana	Water, Full Cream Milk, Sugar, Ground Rice, Maize Thickener (1422), Banana (1.5%), Natural Banana Flavour, Vanilla Flavour.	✓	✓	Milk	✓	✓	✓	✓	✓	✓	Sugar	✓	Flavour	✓	✓	
BABY'S OWN - 4 + Months																
120g Baby's Own - jars																
Apples	Apples (100%), Vitamin C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Pumpkin, Potato & Beef	Vegetables (52%) (Pumpkin (46%), Potatoes (6%)), Water, Beef (10%), Beef Stock, Maize Thickener (1422), Maize Polenta, Ground Rice, Parsley, Herb Extract.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
BABY'S OWN - INFANT FRUIT DRINKS (Nutrient Data per 100mL)																
125mL Fruit Drink From 6 months - Ready to Drink																
Apple & Blackcurrant	Water, Apple Juice (30%), Blackcurrant Juice (5%), Vitamin C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Apple & Prune	Water, Apple Juice (16%), Prune Juice (9%), Vitamin C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
1 Lt Fruit Drink From 6 months - Ready to Drink																
Apple & Cranberry	Water, Reconstituted Juices [Apple Juice (31%), Cranberry (2.5%), Blackcurrant], Vitamin C, Food Acid (Citric Acid), Natural Flavour	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Natural Flavour	✓	✓	
Pear	Water, Reconstituted Pear Juice (33%), Vitamin C, Food Acid (Citric Acid), Natural Flavour	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Natural Flavour	✓	✓	
Apple & Blackcurrant	Water, Reconstituted Juices [Apple Juice (29%), Blackcurrant (5%)], Vitamin C, Food Acid (Citric Acid), Natural Flavour	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Natural Flavour	✓	✓	
150mL X 6 Fruit Drink From 6 months - Multipack - Ready to Drink																
Apple	Water, Reconstituted Apple Juice (33%), Vitamin C, Food Acid (Citric Acid), Natural Flavour	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Natural Flavour	✓	✓	
Summer Fruits	Water, Reconstituted Juices [Pear (30%), Peach (5%), Mango (3.0%)], Vitamin C, Food Acid (Citric Acid), Natural Flavour	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Natural Flavour	✓	✓	
Pear	Water, Reconstituted Pear Juice (33%), Vitamin C, Food Acid (Citric Acid), Natural Flavour	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Natural Flavour	✓	✓	

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 (min) = Minimum

Note:- All values are averages

Allergen Data Chart 2008																Heinz Infant Foods (Cans & Jars)							✓ A Tick Symbol Denotes Free From
PRODUCT	INGREDIENTS	Gluten Free	Wheat Free	Milk Free	Egg Free	Soy Free	Sesame Free	Nut Free (includes peanuts)	Crustacea & Fish Free	No Added Salt	No Added Sugar	No Added Colours	No Added Flavours	No Added Preservatives	Free from added sulphites (or less than 10 ppm)								
HEINZ ORGANIC 4 - 6 MONTHS																							
110g HEINZ ORGANIC - Jars (* denotes organic)																							
Sweet Baby Vegetables	Vegetables (65%)* (Sweet Potato, Carrots (15%), Potatoes (15%), Sweetcorn (14%)), Water.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓								
Golden Vegetable Mash	Pumpkin (65%)*, Sweet Potato (22%)*, Water	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓								
Fruity Pear and Apricot Swirl	Fruit (75%)* (Pears (54%), Apricots (21%)), Apple Juice*, Ground Rice*	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓								
Bananas & Berries	Apples (85%)*, Bananas (12%)*, Blueberries (2.0%)*, Cranberry Juice	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓								
Pineapple Passion	Fruit & Fruit Juice (96%)* (Apples, Pineapple Juice (10%), Passionfruit Juice (5%)), Ground Rice	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓								
HEINZ ORGANIC 7 - 9 MONTHS																							
170g - HEINZ ORGANIC - jars (* denotes organic)																							
Tender Beef with Vegetable Mash	Vegetables (62%)* (Tomatoes, Sweet Potato, Zucchini (8%), Potatoes, Carrots (5%)), Apple Juice*, Brown Rice*, Beef (10%)*, Ground Rice.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓								
Chicken & Sweet Potato	Vegetables (44%)* (Sweet Potatoes (28%), Potatoes, Peas (5%), Onions, Pumpkin), Water, Chicken (10%)*, Cornflour, Parsley*.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓								
Butternut Pumpkin Pilaf	Vegetables (61%)* (Butternut Pumpkin (38%), Sweetcorn (18%), Onion, Zucchini, Spinach), Water, Brown Rice (7%)*, Cheeses (Ricotta, Parmesan), Cornflour, Spices & Spice Extract	✓	✓	Cheese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓								
Provencale Chicken Pasta	Vegetables (74%)* (Tomatoes (54%), Carrots, Zucchini, Onion), Wheat Pasta (12%)*, Chicken (10%)*, Cornflour, Parmesan Cheese, Oregano, Spice Extract	Wheat	Wheat	Cheese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓								
Lamb Shepherd's Pie	Vegetables (75%)* (Tomatoes (41%), Potatoes (13%), Carrots, Peas (5%), Sweetcorn, Onion), Lamb (10%)*, Water, Parsley*, Cornflour, Spice Extract, Thyme	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓								

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Note:- All values are averages

Allergen Data Chart 2008																	Heinz Infant Foods (Cans & Jars)							✓ A Tick Symbol Denotes Free From		
PRODUCT	INGREDIENTS	Gluten Free	Wheat Free	Milk Free	Egg Free	Soy Free	Sesame Free	Nut Free (includes peanuts)	Crustacea & Fish Free	No Added Salt	No Added Sugar	No Added Colours	No Added Flavours	No Added Preservatives	Free from added sulphites (or less than 10 ppm)											
HEINZ ORGANIC 10 - 15 MONTHS																										
170g - HEINZ ORGANIC - jars (* denotes organic)																										
Spring Lamb with Baby Vegetables	Vegetables (81%)* (Tomatoes, Carrots (15%), Potatoes, Peas (5%), Sweetcorn, Onion), Lamb (10%)*, Water, Ground Rice, Cornflour, Basil.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
Spinach, Pumpkin & Ricotta	Vegetables (66%)* (Pumpkin (33%), Tomatoes, Sweet Potato, Onion, Zucchini, Sweetcorn, Spinach (0.5%)), Water, Wheat Macaroni (11%)*, Cornflour, Ricotta (2.0%), Parmesan Cheese, Basil, Spice Extract, Spice.	Wheat	Wheat	Cheese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
Cheesy Pasta Bake	Vegetables (45%)* (Pumpkin (10%), Sweetcorn, Carrots, Zucchini (8%), Sweet Potato, Spinach), Water, Full Cream Milk*, Wheat Pasta (7%)*, Cornflour, Cheeses (Parmesan (1.0%), Ricotta, Romano) (3.0%), Spice Extract, Spice.	Wheat	Wheat	Milk, Cheese	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
Country Chicken with Peas and Potatoes	Vegetables (44%)* (Sweetcorn, Potatoes (8%), Carrots (8%), Peas (8%), Onion, Zucchini), Water, Chicken (10%)*, Cornflour, Parsley*, Spice Extract, Onion Extract, Spices	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
Apple & Cinnamon Porridge	Fruit (62%)* (Apples (30%), Pears, Sultanas), Oats (19%)*, Water, Cinnamon*, Vitamin C	Oats	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
HEINZ ORGANIC All Ages from 6 months																										
110g - HEINZ ORGANIC - jars (* denotes organic)																										
Creamy Oats with Fig & Sultanas	Fruit (27%)* (Figs (22%), Sultanas (5%)), Yoghurt* (Cultured Milk), Oats (15%)*, Water, Full Cream Milk*, Apple Juice*, Cornflour, Natural Vanilla Flavour, Food Acid (Citric Acid)	Oats	✓	Yoghurt, Milk	✓	✓	✓	✓	✓	✓	✓	✓	Natural Flavour	✓	✓											
Stewed Pear & Current	Fruit & Fruit Juice (78%)* (Pears (46%), Apple Juice, Apples, Dried Currants (5%)), Full Cream Milk*, Oatmeal (Contains Traces of Wheat)*, Ground Rice, Food Acid (Citric Acid), Cinnamon*.	Oats Wheat (Trace)	Wheat (Trace)	Milk	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
Banana and Blueberry Custard	Fruit and Fruit Juice (86%)* (Banana (37%), Apples, Apple Juice, Blueberries (5%)), Full Cream Milk*, Ground Rice, Cornflour.	✓	✓	Milk	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
125MI - HEINZ ORGANIC - Infant Fruit Drink (* denotes organic)																										
Apple Apricot Carrot	Water, Apple Juice (25%)*, Apricot (8%)*, Apples (7%)*, Carrots (5%)*, Vitamin C.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											
Pine Passion Guava	Water, Apple Juice (29%)*, Pineapple Juice (6%)*, Passionfruit Juice (1.5%)*, Pink Guava (1.0%)*, Vitamin C.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓											

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