

Nutrient Data Chart July 2008	Heinz Infant Formula					
Product	Nurture Starter Infant Formula 1			Nurture Follow-on Formula 2		
Size	29g sachet and 900g can			31g sachet and 900g can		
Ingredients	Milk Solids, Vegetable Oils (Sunflower, Palm, Canola, Coconut), Whey Protein Concentrate, Soy Lecithin, Taurine Minerals Calcium, Magnesium, Zinc, Iron, Potassium, Copper, Iodine, Manganese, Selenium. Vitamins Vitamin C, Choline, Vitamin E, Niacin, Pantothenic Acid, Vitamin A, Thiamin, Riboflavin, Vitamin B6, Vitamin D, Folate, Vitamin K, Biotin, Vitamin B12. Nucleotides Cytidine, Adenosine, Uridine, Guanosine and Inosine Monophosphates.			Milk Solids, Vegetable Oils (Sunflower, Palm, Canola, Coconut), Soy Lecithin, Taurine Minerals Calcium, Magnesium, Zinc, Iron, Potassium, Copper, Iodine, Manganese, Selenium. Vitamins Vitamin C, Vitamin E, Niacin, Pantothenic Acid, Vitamin A, Riboflavin, Vitamin B6, Thiamin, Vitamin D, Folate, Vitamin K, Biotin, Vitamin B12. Nucleotides Cytidine, Adenosine, Uridine, Guanosine and Inosine Monophosphates.		
		Per 100mL (Made Up Formula)	Per 100g (Dry)	Per 225mL Serve (Made Up Formula)	Per 100mL (Made Up Formula)	Per 100g (Dry)
Energy (kJ)	290	2250	653	282	2047	635
Protein (g)	1.5	11.6	3.4	2.2	16.0	5.0
Whey : Casein	60:40	60:40	60:40	20:80	20:80	20:80
Fat (g)	3.9	30.3	8.8	3.0	21.8	6.8
α-linolenic Acid (mg)	81	629	182	58	421	131
Linoleic Acid (mg)	466	3616	1049	335	2432	754
Carbohydrate (g)	7.1	55.1	16.0	7.9	57.4	17.8
Lactose (g)	7.1	55.1	16.0	7.9	57.4	17.8
Galactose (g)	<0.01	N/A	N/A	<0.01	N/A	N/A

Key:-
 N/A = Not Available
 (min) = Minimum

Note:- All values are averages

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Minerals						
Calcium (mg)	45	349	101	78	566	176
Copper (µg)	47	365	106	48	348	108
Iodine (µg)	12	93	27	16	116	36
Iron (mg)	0.9	7.0	2.0	1.0	7.3	2.3
Magnesium (mg)	5.3	41.1	11.9	6.4	46.5	14.4
Manganese (µg)	5.4	41.9	12.2	4.1	29.8	9.2
Phosphorus (mg)	32	248	72	58	421	131
Selenium (µg)	1.7	13.2	3.8	1.6	11.6	3.6
Zinc (mg)	0.4	3.1	0.9	0.6	4.4	1.4
Chloride (mg)	45	349	101	64	465	144
Potassium (mg)	66	512	149	76	552	171
Sodium (mg)	18	140	41	21	152	47
Taurine (mg)	5.0	38.8	11.3	5.0	36.3	11.3
Vitamins						
Vitamin A (µg)	87	675	196	82	595	185
Vitamin B6 (µg)	37	287	83	41	298	92
Vitamin B12 (µg)	0.14	1.09	0.32	0.20	1.45	0.45
Vitamin C (mg)	7.1	55.1	16.0	6.5	47.2	14.6
Vitamin D (µg)	1.03	7.99	2.32	1.1	8.0	2.5
Vitamin E (mg)	1.1	8.5	2.5	0.7	5.1	1.6
Vitamin K (µg)	3.4	26.4	7.7	3.5	25.4	7.9
Biotin (µg)	1.4	10.9	3.2	1.6	11.6	3.6
Niacin (mg)	0.71	5.51	1.60	0.69	5.01	1.55
Folate (µg)	12	93	27	12.7	92.2	28.6
Pantothenic Acid (µg)	237	1839	533	354	2570	797
Riboflavin (µg)	75	582	169	156	1133	351
Thiamin (µg)	43	334	97	40	290	90
Choline (mg)	5.0	38.8	11.3	5.0	36.3	11.3
Nucleotide Monophosphates						
Adenosine MP (mg)	0.5	3.9	1.1	0.5	3.6	1.1
Cytidine MP (mg)	0.8	6.2	1.8	0.8	5.8	1.8
Guanosine MP (mg)	0.3	2.3	0.7	0.3	2.2	0.7
Inosine MP (mg)	0.3	2.3	0.7	0.3	2.2	0.7
Uridine MP (mg)	0.5	3.9	1.1	0.5	3.6	1.1

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