

Nutrient Data Chart July 2008	Heinz Infant Formula- Toddler					
Product	Nurture Toddler Milk Drink 3			Nurture Gold Toddler Milk Drink 3		
Size	36g sachet and 900g can			36g sachet and 900g can		
Ingredients	Instant Whole Milk Powder (Whole Milk Powder, Soy Lecithin), Maltodextrin, Dextrose, Skim Milk Powder, Inulin (Prebiotic Dietary Fibre). <b>Minerals</b> Iron, Magnesium, Zinc, Iodine, <b>Vitamins</b> Vitamin C, Vitamin E, Niacin, Vitamin D, Vitamin A, Vitamin B <sub>6</sub> , Thiamin, Folate.			Instant Whole Milk Powder (Whole Milk Powder, Soy Lecithin), Maltodextrin, Dextrose, Skim Milk Powder, Inulin (Prebiotic Dietary Fibre), Fish Oil, Bifidobacterium, Lactobacillus Acidophilus NCFM. <b>Minerals</b> Iron, Magnesium, Zinc, Iodine, <b>Vitamins</b> Vitamin C, Vitamin E, Niacin, Vitamin D, Vitamin A, Vitamin B <sub>6</sub> , Thiamin, Folate.		
	Per 100mL (Made Up Formula)	Per 100g (Dry)	Per 230mL Serve (Made Up Formula)	Per 100mL (Made Up Formula)	Per 100g (Dry)	Per 230mL Serve (Made Up Formula)
<b>Energy (kJ)</b>	295	1885	679	295	1885	679
<b>Protein (g)</b>	2.8	17.9	6.4	2.8	17.9	6.4
<b>Fat, total (g)</b>	2.7	17.3	6.2	2.7	17.3	6.2
<b>Saturated</b>	1.9	12.1	4.4	1.9	12.1	4.4
<b>Trans</b>	N/A	N/A	N/A	0.1	0.6	0.3
<b>Polyunsaturated</b>	N/A	N/A	N/A	0.1	0.6	0.2
<b>Omega 6 Linoleic Acid (mg)</b>	N/A	N/A	N/A	54.4	347.6	125.0
<b>Omega 3 <math>\alpha</math>-linolenic Acid (mg)</b>	N/A	N/A	N/A	49.2	314.4	113.0
<b>Omega 3 DHA (mg)</b>	N/A	N/A	N/A	15.2	97.1	35.0
<b>Omega 3 EPA (mg)</b>	N/A	N/A	N/A	3.8	24.3	8.8
<b>Monounsaturated</b>	N/A	N/A	N/A	0.7	4.5	1.7
<b>Carbohydrate (g)</b>	8.5	54.3	19.6	8.5	54.3	19.6

Key:-

N/A = Not Available

(min) = Minimum

Note:- All values are averages

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Product	Nurture Toddler Milk Drink 3			Nurture Gold Toddler Milk Drink 3		
<b>Sugars</b>	6.4	40.9	14.8	6.4	40.9	14.8
<b>Lactose (g)</b>	4.4	28.1	10.1	4.4	28.1	10.1
<b>Dextrose (g)</b>	1.5	9.6	3.5	1.5	9.6	3.5
<b>Maltose (g)</b>	0.5	3.2	1.3	0.5	3.2	1.3
<b>Sucrose (g)</b>	0.0	0.0	0.0	0.0	0.0	0.0
<b>Dietary Fibre</b>	0.2	1.3	0.5	0.2	1.3	0.5
<b>Sodium (mg)</b>	48	309	111	48	309	111
<b>Potassium (mg)</b>	175	1118	403	175	1118	403
<b>Vitamins</b>						
<b>Vitamin A (µg)</b>	43.0	274.8	99.0 (33% RDI*)	43.0	274.8	99.0 (33% RDI*)
<b>Thiamin (mg)</b>	0.1	0.6	0.2 (33% RDI*)	0.1	0.6	0.2 (33% RDI*)
<b>Riboflavin (mg)</b>	0.2	1.3	0.4 (50% RDI*)	0.2	1.3	0.4 (50% RDI*)
<b>Niacin (mg)</b>	0.7	4.5	1.7 (33% RDI*)	0.7	4.5	1.7 (33% RDI*)
<b>Vitamin B6 (mg)</b>	0.1	0.6	0.2 (33% RDI*)	0.1	0.6	0.2 (33% RDI*)
<b>Vitamin B12 (µg)</b>	0.2	1.3	0.5 (50% RDI*)	0.2	1.3	0.5 (50% RDI*)
<b>Vitamin C (mg)</b>	4.3	27.5	9.9 (33% RDI*)	4.3	27.5	9.9 (33% RDI*)
<b>Vitamin D (µg)</b>	0.8	5.1	2.0 (39% RDI*)	0.8	5.1	2.0 (39% RDI*)
<b>Vitamin E (mg)</b>	0.7	4.5	1.7 (33% RDI*)	0.7	4.5	1.7 (33% RDI*)
<b>Folate (µg)</b>	21.7	138.7	50.0 (50% RDI*)	21.7	138.7	50.0 (50% RDI*)
<b>Minerals</b>						
<b>Calcium (mg)</b>	110	703	252 (36% RDI*)	110	703	252 (36% RDI*)
<b>Iron (mg)</b>	1.3	8.3	3.0 (50% RDI*)	1.3	8.3	3.0 (50% RDI*)
<b>Magnesium (mg)</b>	11.5	73.5	26.4 (33% RDI*)	11.5	73.5	26.4 (33% RDI*)
<b>Phosphorus (mg)</b>	83.2	531.6	191 (38% RDI*)	83.2	531.6	191 (38% RDI*)
<b>Zinc (mg)</b>	0.5	3.2	1.1 (25% RDI*)	0.5	3.2	1.1 (25% RDI*)
<b>Iodine (µg)</b>	15.2	97.1	35 (50% RDI*)	15.2	97.1	35 (50% RDI*)
*Recommended Dietary Intake for Children 1-3 years						

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